




## The resources you need to meet life's challenges

*EmployeeConnect*<sup>SM</sup> offers professional, confidential services to help you and your loved ones improve your quality of life.

 <b>In-person guidance</b>	 <b>Unlimited 24/7 assistance</b>	 <b>Online resources</b>
<p>Some matters are best resolved by meeting with a professional in person. With <i>EmployeeConnect</i><sup>SM</sup>, you and your family get:</p> <ul style="list-style-type: none"> <li>▪ In-person help for short-term issues (up to five sessions with a counselor per person, per issue, per year)</li> <li>▪ In-person consultations with network lawyers, including one free 30-minute in-person consultation per legal issue, and <b>25% off</b> subsequent meetings</li> </ul>	<p>You and your family can access the following services anytime – online, on the mobile app or with a toll-free call:</p> <ul style="list-style-type: none"> <li>▪ Information and referrals on family matters, such as child and elder care, pet care, vacation planning, moving, car buying, college planning and more</li> <li>▪ Legal information and referrals for family law, estate planning, consumer and civil law</li> <li>▪ Financial guidance on household budgeting and short- and long-term planning</li> </ul>	<p><i>EmployeeConnect</i><sup>SM</sup> offers a wide range of information and resources you can research and access on your own. Expert advice and support tools are just a click away when you visit <a href="http://GuidanceResources.com">GuidanceResources.com</a> or download the <i>GuidanceNow</i><sup>SM</sup> mobile app. You'll find:</p> <ul style="list-style-type: none"> <li>▪ Articles and tutorials</li> <li>▪ Videos</li> <li>▪ Interactive tools, including financial calculators, budgeting worksheets and more</li> </ul>

### *EmployeeConnect*<sup>SM</sup>

#### EMPLOYEE ASSISTANCE PROGRAM SERVICES

Confidential help 24 hours a day, seven days a week for employees and their family members. Get help with:

- Family
- Parenting
- Addictions
- Emotional
- Legal
- Financial
- Relationships
- Stress

Insurance products issued by:  
 The Lincoln National Life Insurance Company  
 Lincoln Life & Annuity Company of New York  
 Lincoln Life Assurance Company of Boston



We partner with your employer to offer this service at no additional cost to you!



## *EmployeeConnect*<sup>SM</sup> counselors are experienced and credentialed.

When you call the toll-free line, you'll talk to an experienced professional who will provide counseling, work-life advice and referrals. All counselors hold master's degrees, with broad-based clinical skills and at least three years of experience in counseling on a variety of issues. For face-to-face sessions, you'll meet with a credentialed, state-licensed counselor.

## You'll receive customized information for each work-life service you use.



### Take advantage of *EmployeeConnect*<sup>SM</sup>

For more information about the program, visit [GuidanceResources.com](http://GuidanceResources.com), download the *GuidanceNow*<sup>SM</sup> mobile app or call 888-628-4824.

GuidanceResources.com login credentials:

Username: LFGSupport Password: LFGSupport1

©2020 Lincoln National Corporation

[LincolnFinancial.com](http://LincolnFinancial.com)

LCN-2836182-112019

MAP 2/20 Z02

Order code: LTD-EAPEE-FLI001



*EmployeeConnect*<sup>SM</sup> services are provided by ComPsych<sup>®</sup> Corporation, Chicago, IL. ComPsych<sup>®</sup> and GuidanceResources<sup>®</sup> are registered trademarks of ComPsych<sup>®</sup> Corporation. ComPsych<sup>®</sup> is not a Lincoln Financial Group<sup>®</sup> company. Coverage is subject to actual contract language. Each independent company is solely responsible for its own obligations.

Insurance products are issued by The Lincoln National Life Insurance Company, Fort Wayne, IN, Lincoln Life & Annuity Company of New York, Syracuse, NY, and Lincoln Life Assurance Company of Boston, Dover, NH. The Lincoln National Life Insurance Company does not solicit business in New York, nor is it licensed to do so. Product availability and/or features may vary by state. Limitations and exclusions apply.

Lincoln Financial Group is the marketing name for Lincoln National Corporation and its affiliates. Affiliates are separately responsible for their own financial and contractual obligations.

### *EmployeeConnect*<sup>SM</sup>

#### EMPLOYEE ASSISTANCE PROGRAM SERVICES

To find out more:

- Visit [GuidanceResources.com](http://GuidanceResources.com)  
username: LFGSupport password: LFGSupport1
- Download the *GuidanceNow*<sup>SM</sup> mobile app
- Call 888-628-4824

